



# CareMore Care Centers

Arizona  
Pima County

**There's nothing quite like a CareMore Care Center...** warm, welcoming and inclusive. It's a refreshingly different approach to getting care. And, only CareMore members can enjoy the special preventive, clinical and social programs offered at these centers.

CareMore Care Centers are designed to help make getting health care easy for you — and to help you coordinate your care with your personal doctor and other health care providers. You'll get the individualized attention you deserve and programs to help you feel your very best. Plus, you'll gain access to nationally recognized medical care from a team of clinicians focused on your needs. All under one roof.

Most programs and services (including specialist visits) are a \$0 copay at CareMore Care Centers.

Visit the CareMore Care Center in your neighborhood. You may be pleasantly surprised to discover the breadth of their results-oriented, purposeful, personal programs and services!

## Among Our Specialized Programs:

- **Healthy Start** is a comprehensive health assessment including a prescription medication consultation, balance assessment, vision and hearing acuity check, physical mobility evaluation, on-site lab testing.
- **Healthy Journey** offers members of CareMore Special Needs Plans (CareMore Heart, CareMore Breathe, CareMore Diabetes, CareMore Reliance, CareMore Touch) with an annual head-to-toe assessment. It includes a medical evaluation, physical exam, medication review, on-site labs and more.
- **Diabetes Prevention Program** offers members at risk of developing diabetes a structured 6-month program of making healthy lifestyle choices – motivation, weight management, healthy eating and exercise.
- **Diabetes Education and Management** provides information and assistance with controlling blood sugar through nutritional education, health and wellness classes, support groups and access to a toll-free helpline.
- **Fall Prevention Program** helps identify important lifestyle changes you can make in your daily routine and your home to reduce the potential for falls. Not available at all locations.
- **Electronic High Blood Pressure Monitoring** (for those who qualify) is available in your own home.
- **Routine Foot Care** includes foot examination and toenail trimming. Additional services provided upon referral. Not available at all locations.

See our list of CareMore Care Center locations on the back.



# CareMore Care Center **Locations**

## **Arizona: Pima County**

<b>Location</b>	<b>Address</b>	<b>Phone Number</b>
<b>Pima County</b>		
Arizona - Tucson - Speedway	7091 E. Speedway Blvd., Tucson, AZ 85710	(520) 721-5777
Arizona - Irvington	315 W. Irvington Rd. #101, Tucson, AZ 85706	(520) 294-1740
Arizona - Tucson - Green Valley	191 W. Esperanza Blvd., Green Valley, AZ 85614	(520) 791-7300
Arizona - West Tuscon	4821 N. Stone Ave., Tucson, AZ 85704	(520) 314-3300

Call Member Services at **1-800-499-2793, TTY 711**, 8 a.m. to 8 p.m. seven days a week (except Thanksgiving and Christmas) from October 1 through February 14, and Monday – Friday (except holidays) from February 15 through September 30.

**[www.caremore.com](http://www.caremore.com)**